



Fre-Go Lifestyle

Wellness Range

LIVE IN ABUNDANCE

[SHOP NOW](#)

PUMPKIN SEEDS

WHOLESOME, CRUNCHY, AND PACKED WITH NUTRIENTS — OUR ORGANIC PUMPKIN SEEDS ARE A DELICIOUS WAY TO FUEL YOUR BODY NATURALLY. IDEAL FOR SNACKING, BAKING, OR ADDING TO SMOOTHIES AND SALADS!

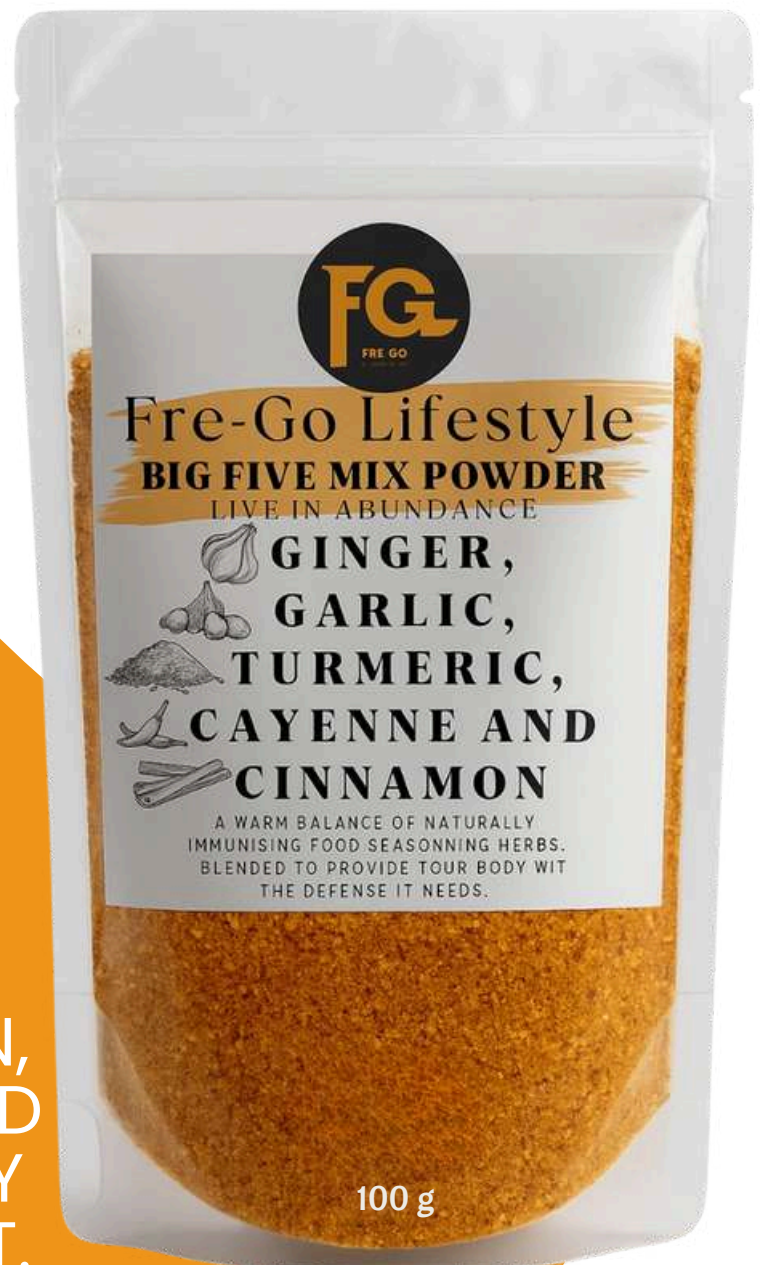


VEGAN | GLUTEN-FREE | NON-GMO

BIG 5 MIX POWDER

INSPIRED BY NATURE'S MOST POWERFUL ROOTS AND SPICES, OUR BIG 5 FIX POWDER IS A BOLD WELLNESS BLEND DESIGNED TO FIGHT INFLAMMATION, BOOST IMMUNITY, AND ENERGIZE YOUR BODY FROM THE INSIDE OUT. IT'S YOUR DAILY DOSE OF NATURAL HEALING IN ONE POTENT MIX."

VEGAN | GLUTEN-FREE | NON-GMO



TURMERIC POWDER



GOLDEN, EARTHY,
AND HEALING — OUR
ORGANIC TURMERIC
POWDER IS A TIMELESS
SUPERFOOD KNOWN
FOR ITS POWERFUL
ANTI-INFLAMMATORY
BENEFITS AND RICH,
WARM FLAVOR. A
MUST-HAVE FOR
YOUR KITCHEN AND
WELLNESS ROUTINE

VEGAN | GLUTEN-FREE | NON-GMO

GINGER POWDER



ZESTY, WARMING,
AND FULL OF
HEALING POWER —
OUR ORGANIC
GINGER POWDER IS
MADE FROM FINELY
GROUND, SUN-
DRIED GINGER ROOT.
IT'S PERFECT FOR
BOTH CULINARY
CREATIONS AND
NATURAL WELLNESS
REMEDIES.

VEGAN | GLUTEN-FREE | NON-GMO

GARLIC POWDER

BOLD,
SAVORY, AND
CONVENIENT — OUR
ORGANIC GARLIC
POWDER IS FINELY
GROUND FROM
PREMIUM GARLIC
CLOVES FOR RICH
FLAVOR IN EVERY
SPRINKLE. A KITCHEN
ESSENTIAL FOR
EVERYDAY COOKING
AND WELLNESS.



VEGAN | GLUTEN-FREE | NON-GMO

GARLIC SALT

A SAVORY BLEND OF NATURAL SEA SALT AND AROMATIC GARLIC — OUR GARLIC SALT IS YOUR GO-TO SEASONING FOR EFFORTLESS FLAVOR. PERFECT FOR EVERYDAY COOKING, GRILLING, AND QUICK SEASONING ON THE GO.



VEGAN | GLUTEN-FREE | NON-GMO

CINNAMON POWDER

WARM, SWEET,
AND FULL OF
GOODNESS — OUR
ORGANIC CINNAMON
POWDER IS FINELY
GROUND FROM
PREMIUM CINNAMON
BARK. IT'S PERFECT
FOR BAKING,
BEVERAGES, AND
EVERYDAY WELLNESS.



VEGAN | GLUTEN-FREE | NON-GMO

CINNAMON POWDER

WARM, AROMATIC,
AND FULL OF FLAVOR
— OUR 250G
ORGANIC CINNAMON
POWDER IS FINELY
GROUND FROM
PREMIUM CINNAMON
BARK. PERFECT FOR
BAKING, BEVERAGES,
AND DAILY
WELLNESS.—250g

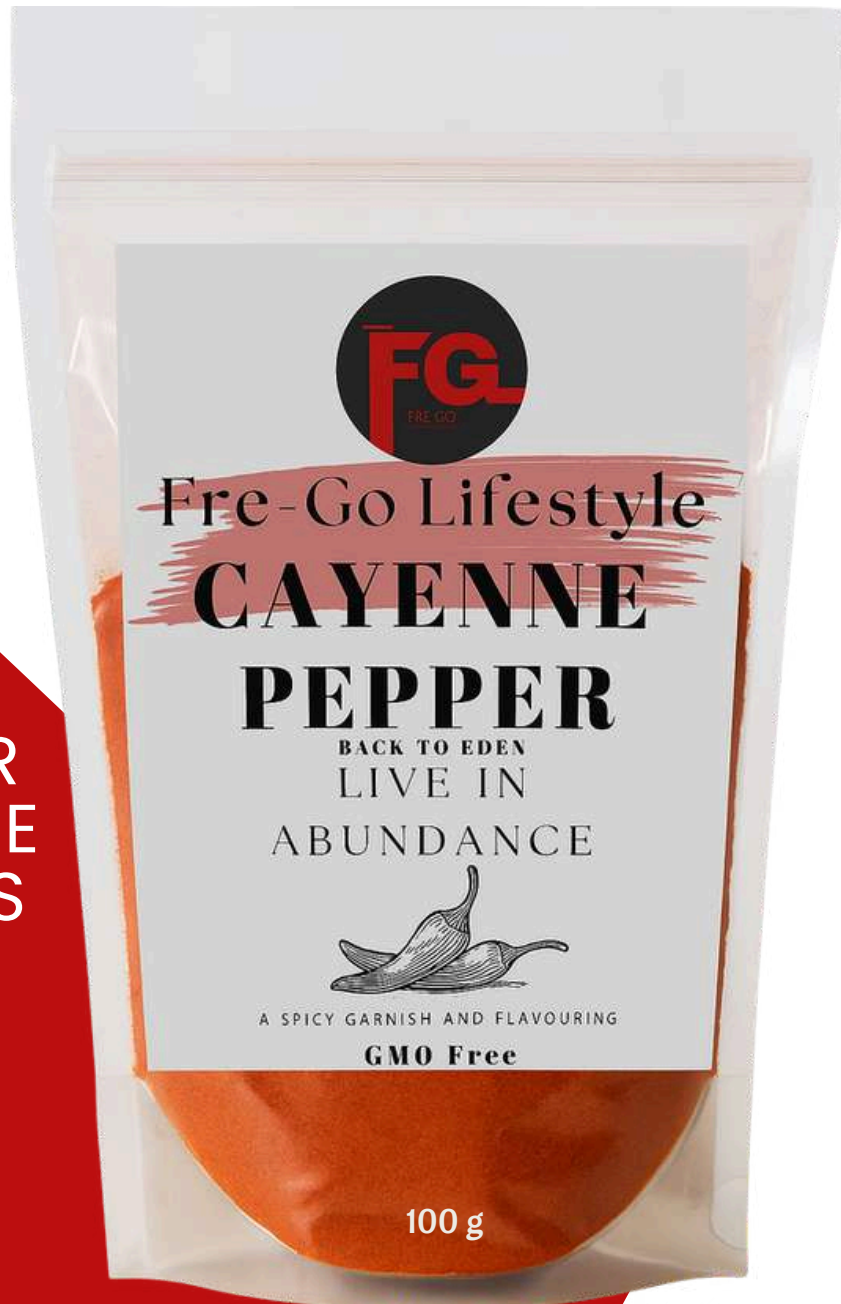
VEGAN | GLUTEN-FREE | NON-GMO



CAYENNE PEPPER

FIERY AND FULL OF FLAVOR — OUR ORGANIC CAYENNE PEPPER POWDER IS MADE FROM SUN-DRIED CHILI PEPPERS AND FINELY GROUND FOR HEAT, HEART HEALTH, AND CULINARY SPICE. A LITTLE GOES A LONG WAY!

VEGAN | GLUTEN-FREE | NON-GMO



WHOLE CLOVES

WHOLESOME, AROMATIC, AND RICH IN NATURAL GOODNESS — OUR PREMIUM CLOVES ADD A BOLD, WARM FLAVOUR TO ANY DISH. PERFECT FOR COOKING, BAKING, BREWING TEAS, OR ENHANCING YOUR FAVOURITE SPICE BLENDS!

VEGAN | GLUTEN-FREE | NON-GMO



HIMALAYAN FINE SALT



STRAIGHT FROM
ANCIENT SEA BEDS
DEEP WITHIN THE
HIMALAYAN
MOUNTAINS, OUR FINE
PINK SALT IS
UNREFINED, MINERAL-
RICH, AND NATURALLY
BEAUTIFUL. USE IT TO
ENHANCE FLAVOR
AND SUPPORT
OVERALL WELLNESS.

VEGAN | GLUTEN-FREE | NON-GMO

HIMALAYAN FINE SALT

FROM THE HEART OF HIMALAYAS, OUR FINE PINK SALT IS PURE, MINERAL-RICH, AND NATURALLY BEAUTIFUL. PERFECT FOR SEASONING, COOKING, OR FINISHING DISHES, IT ENHANCES FLAVOR WHILE SUPPORTING WELLNESS. 500G



VEGAN | GLUTEN-FREE | NON-GMO

HIMALAYAN COARSE SALT

HARVESTED FROM
ANCIENT SEA
SALT DEPOSITS
DEEP WITHIN THE
HIMALAYAN
MOUNTAINS, THIS
MINERAL-RICH
PINK SALT ADDS
FLAVOR, TEXTURE,
AND ESSENTIAL
NUTRIENTS TO
EVERY MEAL



VEGAN | GLUTEN-FREE | NON-GMO

HIMALAYAN COARSE SALT

HARVESTED FROM
ANCIENT SEA SALT
DEPOSITS DEEP
WITHIN THE
HIMALAYAN
MOUNTAINS, THIS
MINERAL-RICH
PINK SALT ADDS
FLAVOR, TEXTURE,
AND NUTRIENTS
TO EVERY MEAL—
500g



VEGAN | GLUTEN-FREE | NON-GMO

FLAX SEEDS

SMALL BUT LOADED WITH NUTRITION — OUR ORGANIC FLAX SEEDS ARE A NATURAL SOURCE OF FIBER, OMEGA-3S, AND PLANT-BASED PROTEIN. PERFECT FOR SUPPORTING HEART HEALTH, DIGESTION, AND GLOWING SKIN.



VEGAN | GLUTEN-FREE | NON-GMO

FENUGREEK SEEDS

A TIME-HONORED
REMEDY AND
POWERFUL KITCHEN
SPICE — OUR
ORGANIC FENUGREEK
SEEDS SUPPORT
DIGESTION, BALANCE
HORMONES, AND ADD
DEPTH TO YOUR
DISHES WITH A
SLIGHTLY NUTTY,
MAPLE-LIKE FLAVOR.

VEGAN | GLUTEN-FREE | NON-GMO



MORINGA POWDER

NOURISH YOUR
BODY WITH NATURE'S
MULTIVITAMIN. OUR
ORGANIC MORINGA
POWDER IS A
POWERFUL GREEN
SUPERFOOD KNOWN
FOR ITS RICH
NUTRIENT PROFILE
AND ENERGIZING,
DETOXIFYING
BENEFITS.

VEGAN | GLUTEN-FREE | NON-GMO



CHIA SEEDS

TINY BUT MIGHTY
— OUR ORGANIC
CHIA SEEDS ARE A
TRUE SUPERFOOD!
PACKED WITH
NUTRIENTS AND
ENDLESS VERSATILITY,
THEY'RE PERFECT FOR
BOOSTING YOUR
MEALS WITH ENERGY,
FIBER, AND PLANT-
BASED PROTEIN



VEGAN | GLUTEN-FREE | NON-GMO

CHIA SEEDS

BIGGER, BUT JUST AS MIGHTY. OUR 200G ORGANIC CHIA SEEDS ARE PACKED WITH ENERGY, FIBER, AND PLANT-BASED PROTEIN. PERFECT FOR BOOSTING YOUR MEALS, SMOOTHIES, OR SNACKS WITH SUPERFOOD GOODNESS.



VEGAN | GLUTEN-FREE | NON-GMO

PAPRIKA POWDER



NATURALLY VIBRANT
AND RICH IN FLAVOR,
OUR ORGANIC PAPRIKA
POWDER ADDS
WARMTH, DEPTH, AND
COLOR TO YOUR MEALS
— WITHOUT THE HEAT.
MADE FROM SUN-DRIED
PEPPERS, IT'S A
VERSATILE SPICE FOR
EVERYDAY COOKING

VEGAN | GLUTEN-FREE | NON-GMO

BAY LEAVES



AROMATIC, EARTHY,
AND NATURALLY
FRAGRANT, OUR BAY
LEAVES ADD GENTLE
DEPTH AND RICHNESS
TO YOUR DISHES
WITHOUT
OVERPOWERING
FLAVORS. HAND-
SELECTED, THEY ARE A
KITCHEN ESSENTIAL.



VEGAN | GLUTEN-FREE | NON-GMO

BLACK PEPPERCORNS



BOLD, SPICY, AND AROMATIC, OUR BLACK PEPPERCORNS ENHANCE EVERY DISH WITH RICH FLAVOR AND SUBTLE HEAT. HAND-SELECTED FOR QUALITY, THEY ARE A KITCHEN STAPLE.



VEGAN | GLUTEN-FREE | NON-GMO

CINNAMON STICKS

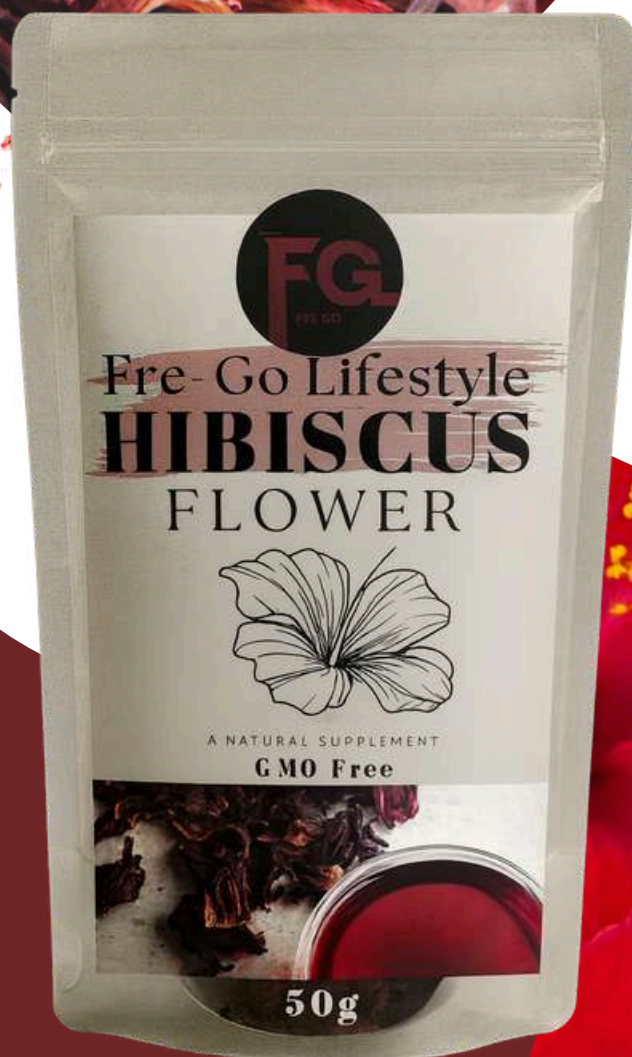
FRAGRANT, WARM, AND NATURALLY SWEET, OUR CINNAMON STICKS ADD DEPTH AND A COMFORTING AROMA TO ANY DISH OR BEVERAGE. HAND-SELECTED FOR QUALITY, THEY'RE A KITCHEN MUST-HAVE.

VEGAN | GLUTEN-FREE | NON-GMO



HIBISCUS FLOWER

TART, FLORAL, AND
VIBRANT, OUR
HIBISCUS TEA BREWS
INTO A REFRESHING,
DEEP-RED INFUSION.
HAND-SELECTED
FOR QUALITY,
CRAFTED TO
ELEVATE EVERY SIP
WITH NATURAL
BRIGHTNESS.



VEGAN | GLUTEN-FREE | NON-GMO

BLACK SEEDS

EARTHY, PUNGENT, AND AROMATIC, OUR BLACK SEEDS ADD SUBTLE DEPTH AND FLAVOR TO YOUR DISHES. HAND-SELECTED FOR QUALITY, A SMALL SEED THAT BRINGS BIG, BOLD CHARACTER TO YOUR MEALS.



VEGAN | GLUTEN-FREE | NON-GMO

ONION POWDER

SAVORY, MILD,
AND AROMATIC,
OUR ONION
POWDER
ENHANCES EVERY
DISH WITH RICH
FLAVORA. A MUST
HAVE FOR
EFFORTLESS,
FLAVORFUL
MEALS.

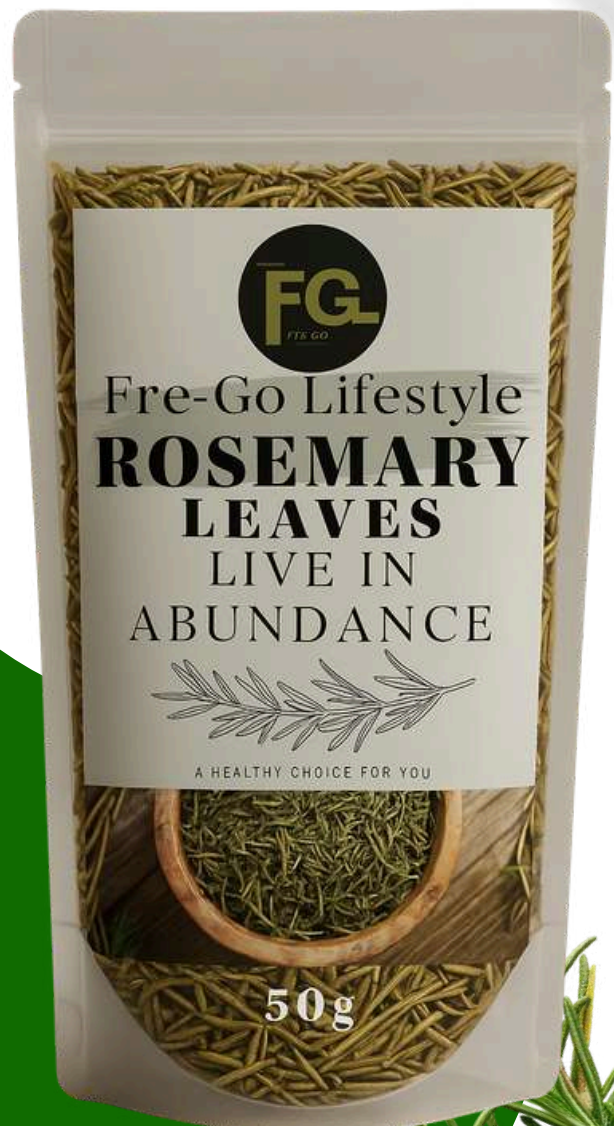


VEGAN | GLUTEN-FREE | NON-GMO

ROSEMARY LEAVES

FRAGRANT, EARTHY,
AND WOODY, OUR
ROSEMARY LEAVES
ADD AROMA AND
DEPTH TO YOUR
DISHES. CAREFULLY
CHOSEN FOR
FRESHNESS,
BRINGING TRUE
AROMA TO EVERY
MEAL.

VEGAN | GLUTEN-FREE | NON-GMO



SOURSOP POWDER

TART, FRUITY, AND NATURALLY AROMATIC, OUR SOURSOP POWDER ADDS VIBRANT FLAVOR AND A REFRESHING TOUCH TO DRINKS AND DISHES. CHOSEN FOR ITS TRUE, NATURAL FLAVOR, A PERFECT ADDITION TO YOUR PANTRY.

VEGAN | GLUTEN-FREE | NON-GMO



SUNFLOWER SEEDS

NUTTY, CRISP, AND FLAVORFUL, OUR SUNFLOWER SEEDS ADD TEXTURE AND RICHNESS TO YOUR DISHES OR SNACKS. PICKED FOR THEIR CRUNCH AND PURITY, MADE TO ELEVATE YOUR MEALS.



VEGAN | GLUTEN-FREE | NON-GMO

CUMIN SEEDS

WARM, EARTHY, AND AROMATIC, OUR CUMIN SEEDS ADD DEPTH AND RICH FLAVOR TO YOUR DISHES. SOURCED FOR TRUE, EARTHY CHARACTER, PERFECT FOR SPICING UP ANY MEAL.



VEGAN | GLUTEN-FREE | NON-GMO

ORGANIC MORINGA POWDER

BRIGHT, PURE, AND
PACKED WITH
GOODNESS, OUR
ORGANIC
MORINGA POWDER
DELIVERS A FRESH,
EARTHY FLAVOR.
HARVESTED FOR
ITS NATURAL
VIBRANCY AND
FINE TEXTURE



VEGAN | GLUTEN-FREE | NON-GMO

CLOVES POWDER

PURE, FRAGRANT,
AND FULL OF
CHARACTER, OUR
CLOVE POWDER
OFFERS A DEEP,
EARTHY WARMTH.
FINELY GROUND TO
PRESERVE ITS
NATURAL ESSENCE.



VEGAN | GLUTEN-FREE | NON-GMO

SOURSOP LEAVES

PURE, NATURAL,
AND AROMATIC,
OUR SOURSOP
LEAVES OFFER A
GENTLE, EARTHY
PROFILE WITH A
SUBTLE HERBAL
NOTES. CAREFULLY
DRIED TO
PRESERVE THEIR
NATURAL ESSENCE.

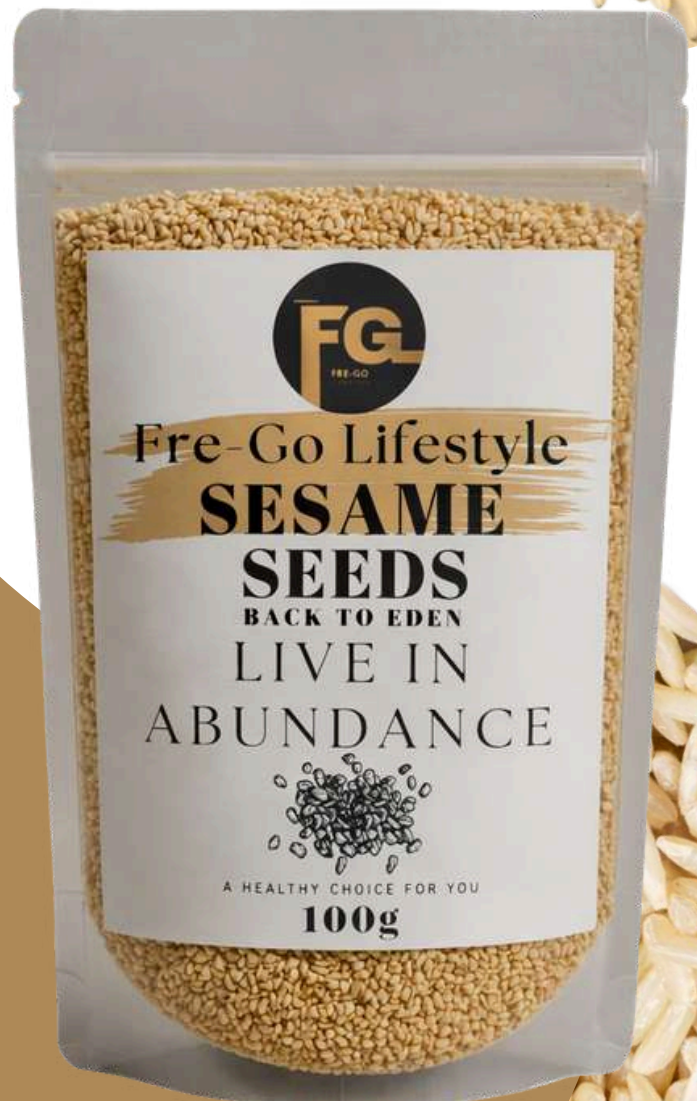


VEGAN | GLUTEN-FREE | NON-GMO

SESAME SEEDS

PURE, NUTTY, AND RICH IN FLAVOUR, OUR SESAME SEEDS OFFER A DELICATE CRUNCH WITH A SUBTLE EARTHY TASTE. CAREFULLY SELECTED AND PACKED TO PRESERVE THEIR NATURAL GOODNESS.

VEGAN | GLUTEN-FREE | NON-GMO



MIGHTY 5

SEED MIX

250G

PURE, NUTRIENT-DENSE, AND PERFECTLY BALANCED, OUR MIGHTY FIVE SEED MIX COMBINES CHIA, PUMPKIN, SUNFLOWER, SESAME, AND FLAX SEEDS IN A GENEROUS PACK FOR DAILY NOURISHMENT AND WELLNESS.



VEGAN | GLUTEN-FREE | NON-GMO

36

MIGHTY 5

SEED MIX

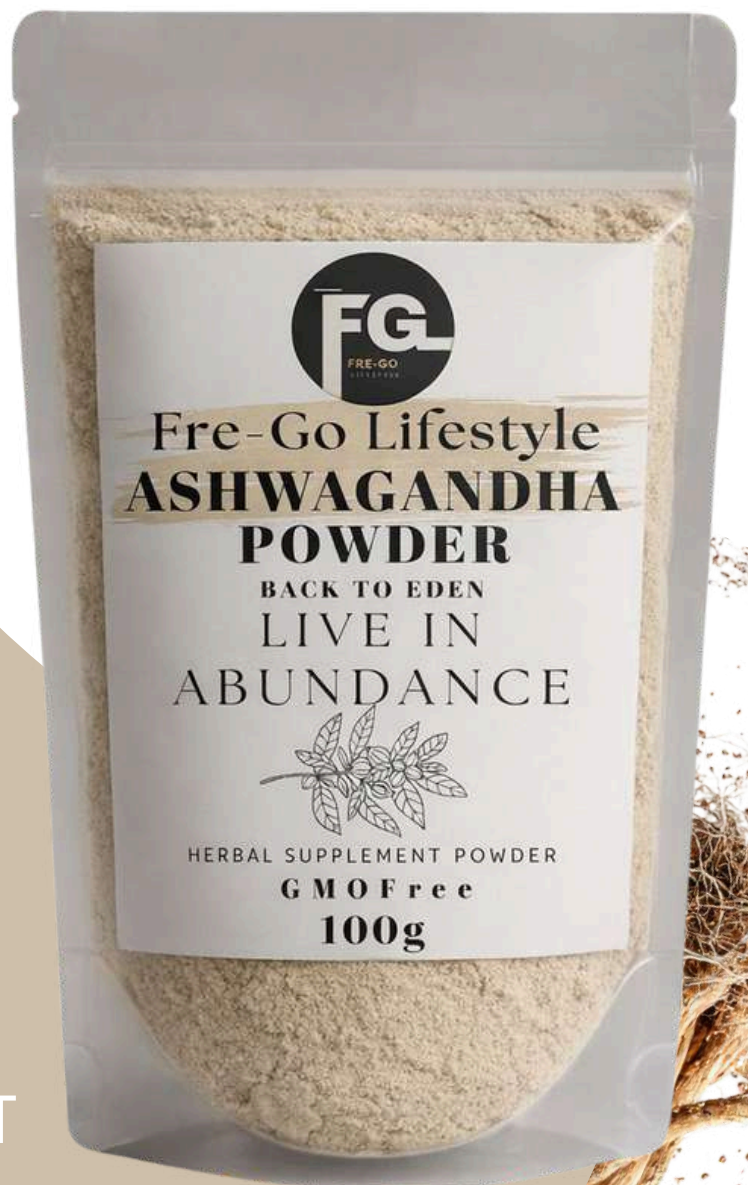
500G



PURE, NUTRIENT-DENSE, AND PERFECTLY BALANCED, OUR MIGHTY FIVE SEED MIX COMBINES CHIA, PUMPKIN, SUNFLOWER, SESAME, AND FLAX SEEDS IN A GENEROUS PACK FOR DAILY NOURISHMENT AND WELLNESS.

VEGAN | GLUTEN-FREE | NON-GMO

ASHWAGANDHA POWDER



PURE, POTENT, AND
NATURALLY
BALANCING, OUR
PREMIUM
ASHWAGANDHA
POWDER IS PACKED
WITH ADAPTOGENIC
BENEFITS TO SUPPORT
STRESS RELIEF,
ENERGY, AND OVERALL
WELLNESS.

VEGAN | GLUTEN-FREE | NON-GMO

SEA MOSS

PURE, MINERAL-RICH, AND NATURALLY POWERFUL, OUR PREMIUM SEA MOSS IS PACKED WITH ESSENTIAL NUTRIENTS TO SUPPORT IMMUNE HEALTH, ENERGY, AND OVERALL WELLNESS.



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GOJI BERRIES

SWEET, NUTRIENT-DENSE, AND NATURALLY ENERGISING, OUR PREMIUM GOJI BERRIES ARE LOADED WITH ANTIOXIDANTS TO SUPPORT IMMUNE HEALTH, ENERGY, AND OVERALL WELLNESS.



VEGAN | GLUTEN-FREE | NON-GMO

STAR ANISEED

AROMATIC, AND
NATURALLY RICH
IN FLAVOUR,
OUR PREMIUM
STAR ANISEED IS
PACKED WITH
NATURAL
GOODNESS TO
SUPPORT
DIGESTION,
WELLNESS, AND
EVERYDAY
VITALITY.

VEGAN | GLUTEN-FREE | NON-GMO





Contact Us

For orders, enquiries, or further information,
please contact us using the details below.

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